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holiday packing tips

**Have you packed the toothpaste? How about clean socks?
Just pack all five jumpers! Sound familiar?**

While a holiday shouldn't increase your stress levels, the truth is that checking the holiday packing list last minute can do just that.
Here's our tips for making holiday packing easier.

HOW MANY *outfits to pack?*

How do you pack enough, but not too much?

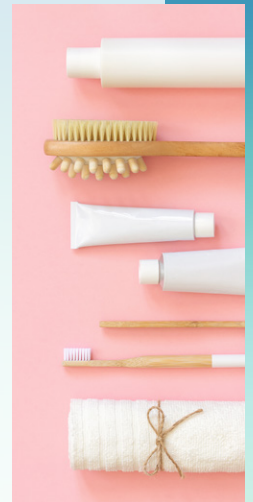
1. Plan your outfits for each day of your holiday. By now you would have an idea of what activities you have on your itinerary so use this to help you.
2. Lay clothing items out on the bed and give yourself the challenge of incorporating each piece into at least a couple of outfits.
3. You can even go as far as taking a quick snap on your phone of your outfit options so you don't get stressed as you're getting ready each morning.



AVOID THE *toiletries panic*

Toiletries are the ultimate last-minute packing nightmare. Here are a couple of tips to avoid it being a stress on the morning you leave:

4. Write a packing list of the toiletries each person needs and leave it in the bathroom or beside the suitcases.
5. Double check the list against what's on hand, and create a shopping list for your next supermarket trip.
6. Remember that anything you forget can be bought while you're on holiday, so don't panic if you forget something! You can buy toothpaste on your trip.



DOUBLE CHECK THE *Kids packing*



Kids are notorious for packing weird combinations of things, usually less necessary items and way too many toys.

7. Work with kids to make a holiday packing list—they'll likely want to be involved in the process. This way you can have more control over what makes it into their bag.
8. It's always a good idea to double check what's actually landed in their bag before you go.

WHAT TO TAKE *on the plane*

It can be useful to make a checklist of a few activities to keep each member of your family happy on the plane.

9. Consider those comfort items; will you need a sleep mask and pillow? Perhaps a change of clothes and travel toothbrush depending on the length of your journey.
10. Don't forget to check the kids' plane bags to make sure they don't contain banned items like sharps, too much liquid or aerosols.



ONCE THE HOLIDAY PACKING IS DONE, YOU'RE READY TO ENJOY THOSE HOLIDAY VIBES!