

<sup>1</sup> Members following our Classic program lose, on average, 1-2 lbs per week. Members following our Rapid Results program in studies, lost on average 11.6 pounds in the first 4 weeks and 1-2 pounds per week thereafter. Members received promotional consideration.

## What Plan Would You Like?

Limited Time Offer

10% off your 1st week

Rapid Results™

Weight Loss Plan

\$25<sup>.57</sup>

Per Day

For a limited time, pay \$161.10 on your first weekly menu

Lose weight. Satisfaction Guaranteed.\*

Get a personalised weight loss plan with a full week of breakfasts, lunches, dinners and snacks.

- 7 Breakfasts
- 7 Lunches
- 7 Dinners

Delicious Food

Balanced Diet

Vegetarian Options

Personal Consultant

Select Menu

Order now

Plan Details

Simple Meal Plan

\$12<sup>.29</sup>

Per Day

Satisfaction Guaranteed.\*

Get a full week of convenient breakfasts and lunches so you have meals on hand whenever you need them.

- 7 Breakfasts
- 7 Lunches

Delicious Food

Vegetarian Options

Select Menu

Order now

Plan Details

Essential Meal Plan

\$23<sup>.14</sup>

Per Day

Satisfaction Guaranteed.\*

Get a full week of convenient lunches, dinners and snacks so you have meals on hand whenever you need them.

- 7 Lunches
- 7 Dinners
- 7 Snacks/Desserts

Delicious Food

Vegetarian Options























Select Menu

Order now

Plan Details

## Compare Our Different Options

Plan Features	Simple Meal Plan	Essential Meal Plan	Rapid Results Weight Loss Plan
Breakfast			

 Lunch			
 Dinner			
 Snacks & Desserts			
 Vegetarian Options			
 Free Delivery			 When you order 2 or more weeks
 Personal Consultant			
 Rapid Results Plan			
 Food Swaps			
<a href="#">Select Menu</a>	<a href="#">Select Menu</a>		
<a href="#">Order Now</a>	<a href="#">Order Now</a>	<a href="#">Order now</a>	
<a href="#">Plan Details</a>	<a href="#">Plan Details</a>	<a href="#">Plan Details</a>	

## Still Have Questions?

Book a Free Appointment

Call us:

Live Chat

FAQ

**On Rapids Results, Members lost  
an average of 5kgs in your first 4 weeks!\***

[Order now](#)

\*To learn more about how Jenny Craig clients can lose 3x more weight than dieting alone, we invite you to read the 2 year study undertaken in the United States and published in the Journal of the American Medical Association (JAMA) – see <http://jama.jamanetwork.com/article.aspx?articleid=186793>. JAMA Study also available upon request. Members following our program, on average, lose 0.5-1kg per week.

#Average weight loss based on Jenny Craig study was 5.27kg in the first 4 weeks for those who completed the Rapid Results Program (on the weekly Menu, with consultations), versus 3.83kg on our Classic Program.

\*Individual Results May Vary. Weight loss takes time and commitment.

\*Minimum spend \$300. Offer ends 26.06.21. T&Cs apply.

† If you are not 100% satisfied with your first order, please call our Customer Care team on 13 19 92 within 5 days of receiving your order and return the remaining food for a full refund. Valid for new members only, on the first order only. Limit one per member. T&Cs apply.

### About The Program

[Overview](#)  
[Rapid Results](#)

### Info & Inspiration

[Blog](#)  
[Recipes](#)

### Support

[Request a call](#)  
[Book a Free Consultation](#)

### Connect With Us



[Pricing](#)

[Food Philosophy](#)

[Menu](#)

[Consultants](#)

[BMI Calculator](#)

[Terms](#)

[Success Stories](#)

[Career Opportunities](#)

[About Us](#)

[Weight Loss Guide](#)

[Meal Plan Guide](#)

[Centre Locations](#)

[Contact Us](#)

[FAQs](#)

**Keep In Touch**

First name\*

Last name\*

Email\*

SIGN UP

